

# Stabilizing Zero-Shot Prediction: A Novel Antidote to Forgetting in Continual Vision-Language Tasks

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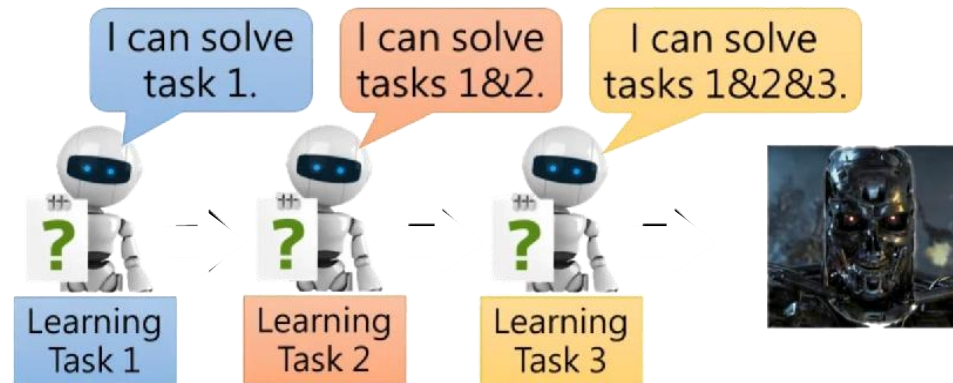
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**Biological intelligence**  
“Live and learn”



**Machine intelligence**  
“Catastrophic forgetting”



Incremental learning,  
Lifelong learning,  
Never ending learning,  
**Continual learning**

“Continual learning is the constant development of **increasingly complex** behaviors; the process of building **more complicated** skills on top of those already developed.”

# Core Challenge

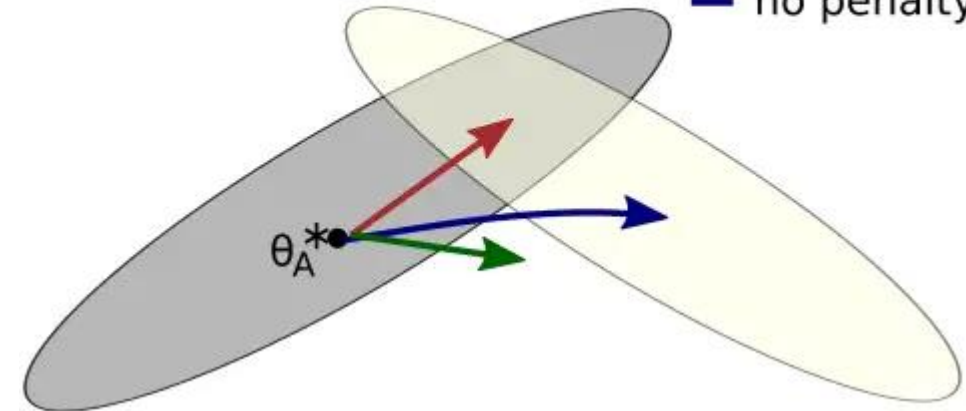
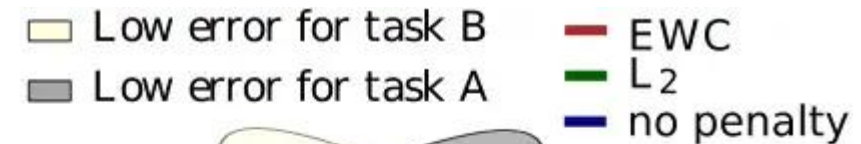
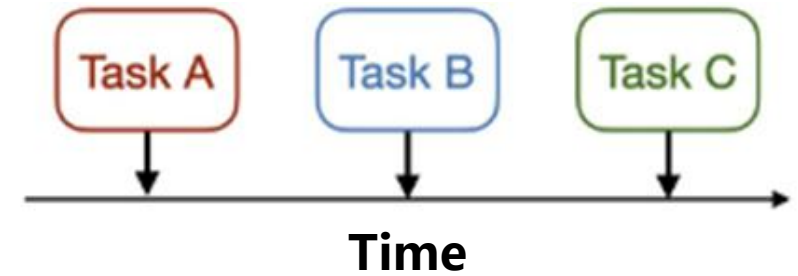
## Catastrophic Forgetting (McCloskey, 1989)

“... the process of learning a **new** set of patterns suddenly and completely **erased** a network’s knowledge of **what it had already learned.**” (French, 1999)

## Stability vs. Plasticity Dilemma (Carpenter, 1987)

Plasticity  $\Leftrightarrow$  ability to **adapt** to a new task (**Learning**)

Stability  $\Leftrightarrow$  ability to **retain** the learned skills on the old tasks (**Anti-forgetting**)



Carpenter (1987). ART 2: Self-organization of stable category recognition codes for analog input patterns, Applied optics.

McCloskey (1989). Catastrophic interference in connectionist networks: the sequential learning problem, Psychol. Learn. Motiv.

French (1999). Catastrophic forgetting in connectionist networks, Trends Cogn. Sci.





Object state

POS: cloudless sky  
NEG: stormy sky



Attr. action

POS: resting cat  
NEG: running cat



Attr. size

POS: man has short hair  
NEG: man has long hair



Attr. material

POS: food in ceramic vase  
NEG: food in stainless vase



Attr. color

POS: man standing on red mound  
NEG: man standing on light blue mound



Rel. spatial

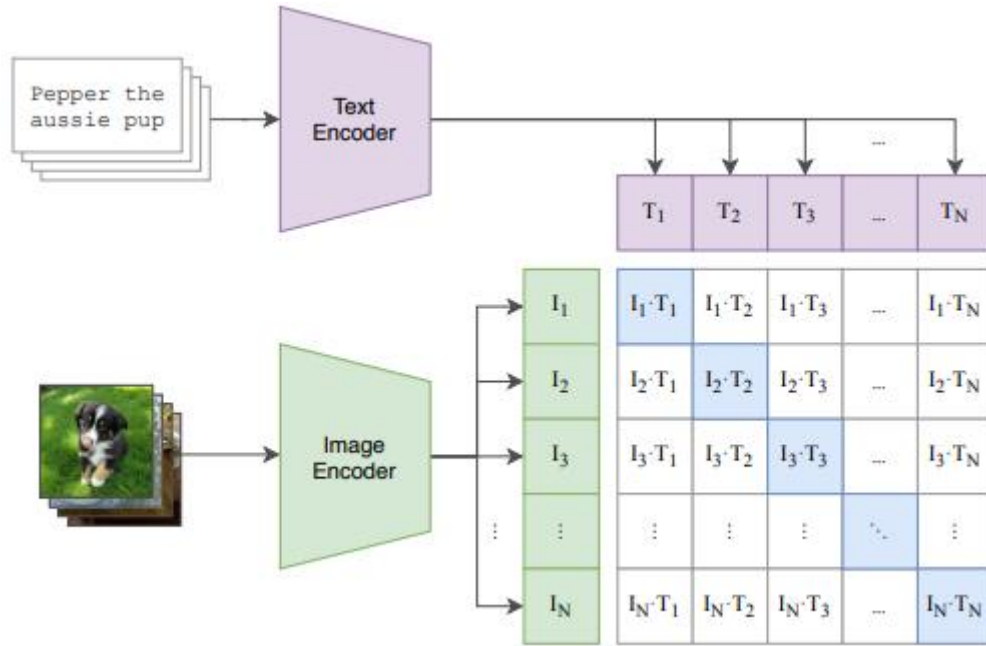
POS: craft material on table  
NEG: craft material under table



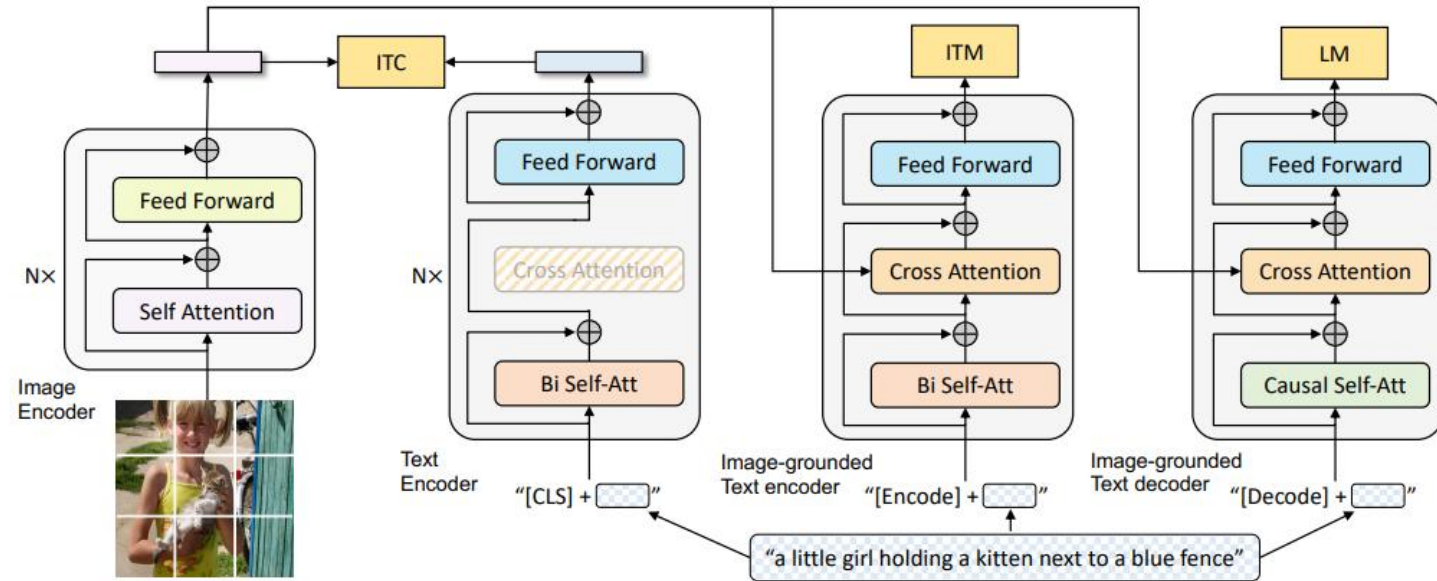
Rel. action

POS: man holding beer  
NEG: man drinking beer

## Examples of Structured VL Concept Reasoning Task



**Contrastive Language-Image Pre-training (CLIP) Model**



**Bootstrapping Language-Image Pre-training (BLIP) Model**

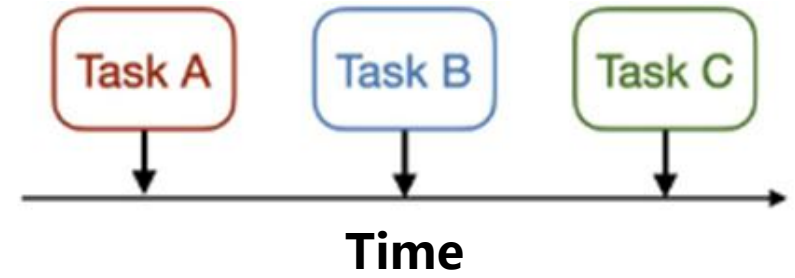
# In the Era of Foundation Model

## Stability vs. Plasticity Dilemma (Carpenter, 1987)

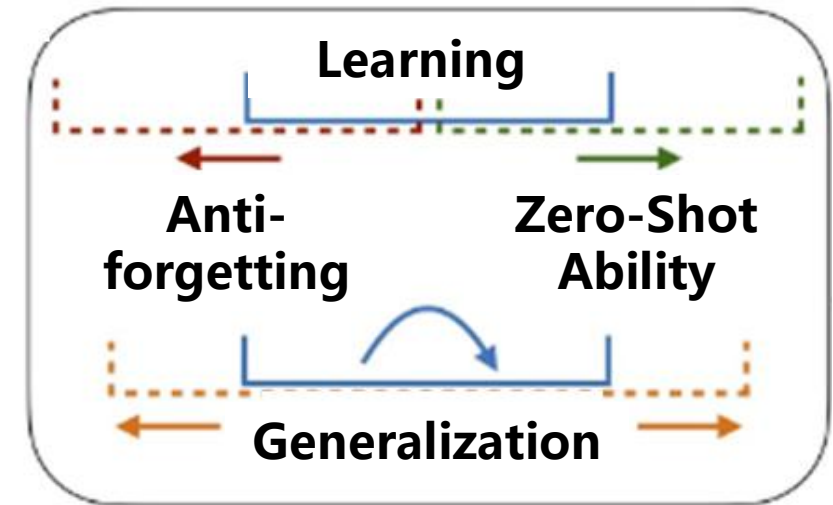
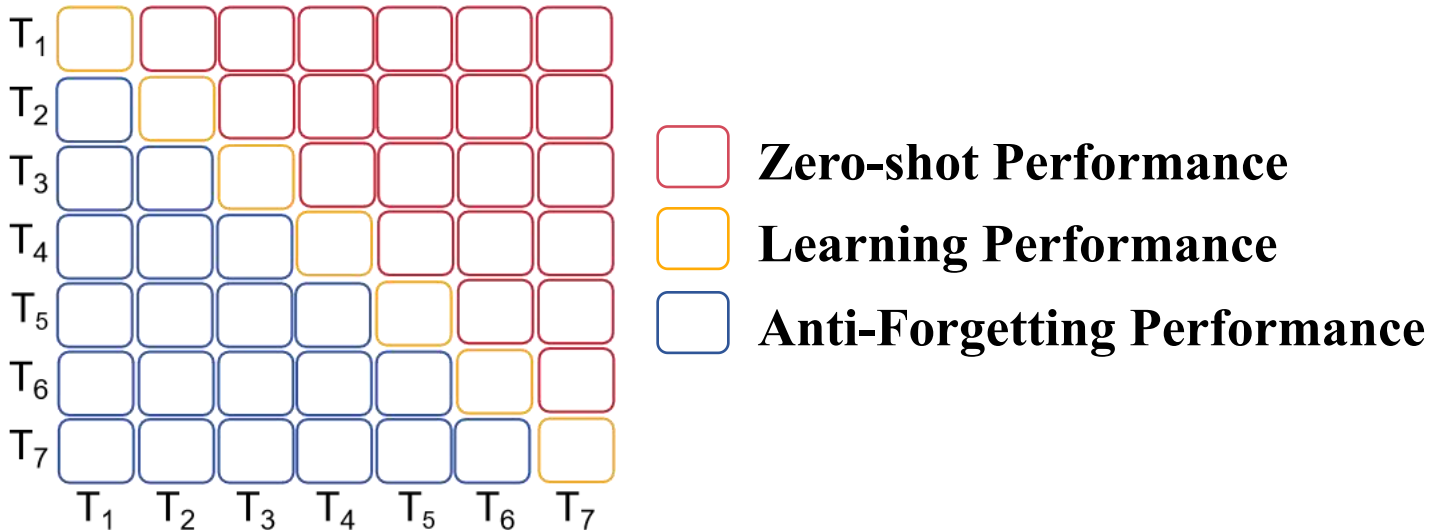
Plasticity  $\leftrightarrow$  ability to **adapt** to a **new** task (**Learning**)

Stability  $\leftrightarrow$  ability to **retain** the learned skills on the **old** tasks (**Anti-forgetting**)

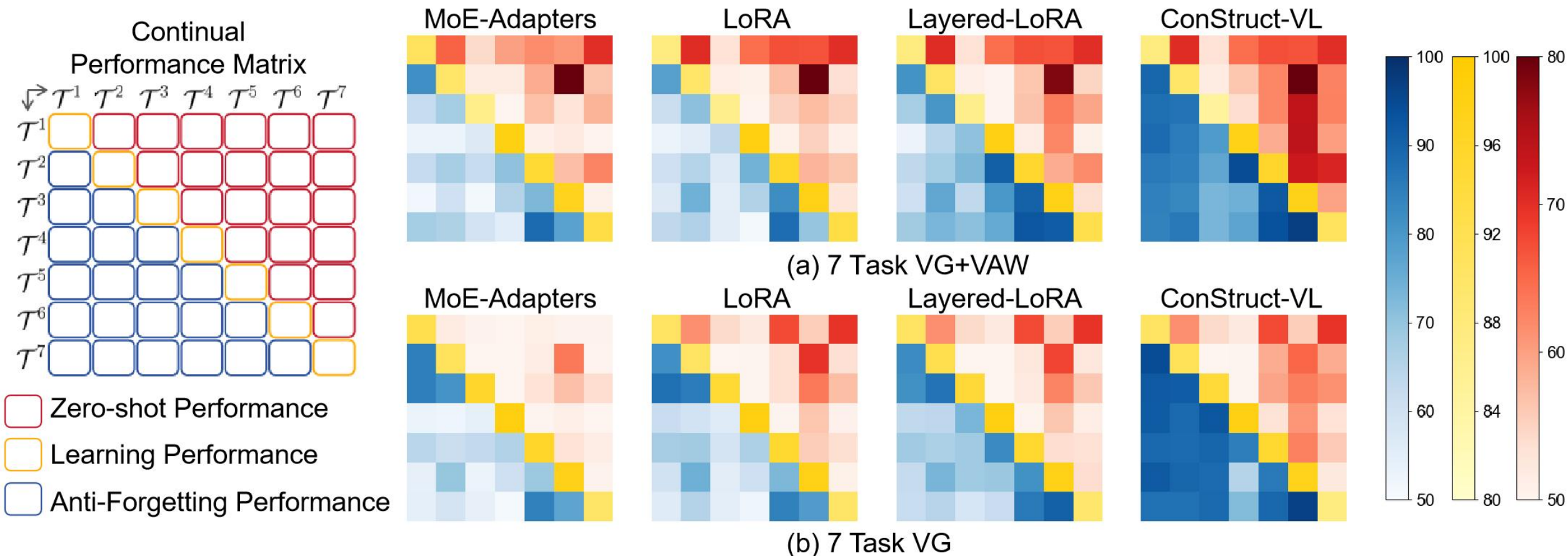
Transferability  $\leftrightarrow$  ability to **transfer** the learned skills on the **future** tasks (**Zero-shot Ability**)



Continual Learning Performance Matrix







A model's **stability in zero-shot predictions** can reflect its anti-forgetting capabilities.

**Proposition 1** For continual learning with pre-trained VL models, let  $\mathcal{M}^t$  denote a solution of the continually learned tasks  $\mathcal{T}^1, \dots, \mathcal{T}^t$ . In particular,  $\mathcal{M}^t = \arg \min_{\|\mathcal{M} - \mathcal{M}^{t-1}\|_2 \leq \Delta} \hat{\mathcal{E}}_t(\mathcal{M})$  where  $\|\mathcal{M} - \mathcal{M}^{t-1}\|_2 \leq \Delta$  represents the weight vectors for continual tasks are only minor variations. For any  $\delta \in (0, 1)$  with probability at least  $1 - \delta$ :

$$\forall s \in \{1, \dots, t-1\}, \quad \mathcal{E}_s(\mathcal{M}^t) \leq \hat{\mathcal{E}}_{1:t}(\mathcal{M}^t) + \frac{1}{2t} \sum_{i=1}^t \text{Div}(\mathcal{T}_i, \mathcal{T}_s) + \sqrt{\frac{d[\ln(\bar{N}/d)] + \ln(1/\delta)}{2\bar{N}}}, \quad (2)$$

$$\forall k \in \{t+1, \dots, n\}, \quad \mathcal{E}_k(\mathcal{M}^t) \leq \hat{\mathcal{E}}_{1:t}(\mathcal{M}^t) + \frac{1}{2t} \sum_{i=1}^t \text{Div}(\mathcal{T}_i, \mathcal{T}_k) + \sqrt{\frac{d[\ln(\bar{N}/d)] + \ln(1/\delta)}{2\bar{N}}}, \quad (3)$$

*empirical error of continual tasks*

*discrepancy between task distributions*

*complexity of the parameter space*

The model  $\mathcal{M}^t$  has **consistent upper bounds** on the **generalization errors** for both **previously learned and future tasks**.



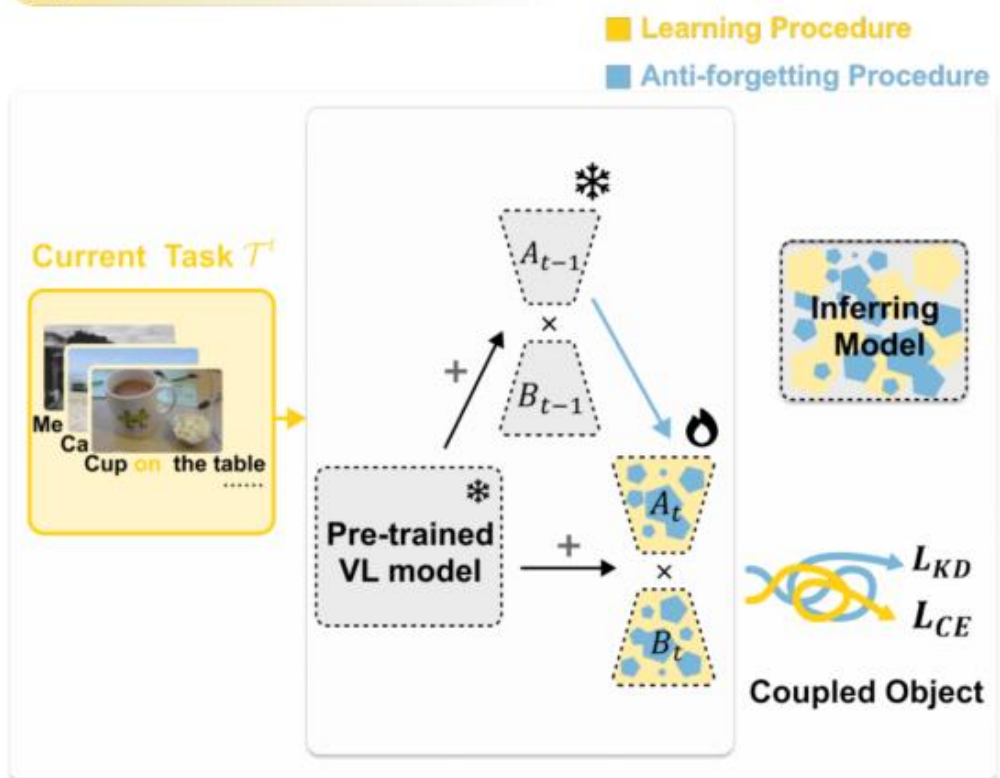
# Rethinking the Dilemma

Given task  $\mathcal{T}^t$ , old model  $\mathcal{M}^{t-1}$  and current model  $\mathcal{M}^t$  :

Stability vs. Plasticity Balance (Carpenter, 1987)

**Dilemma:** Learning  $\leftrightarrow$  Anti-Forgetting

(a) Traditional Procedures



Optimization Goal:

$$\min \mathcal{L}_{CE}(P^t(\mathcal{T}^t), \bar{P}(\mathcal{T}^t)) + \mathcal{L}_{KD}(P^t(\mathcal{T}^t), P^{t-1}(\mathcal{T}^t))$$

Anti-Forgetting



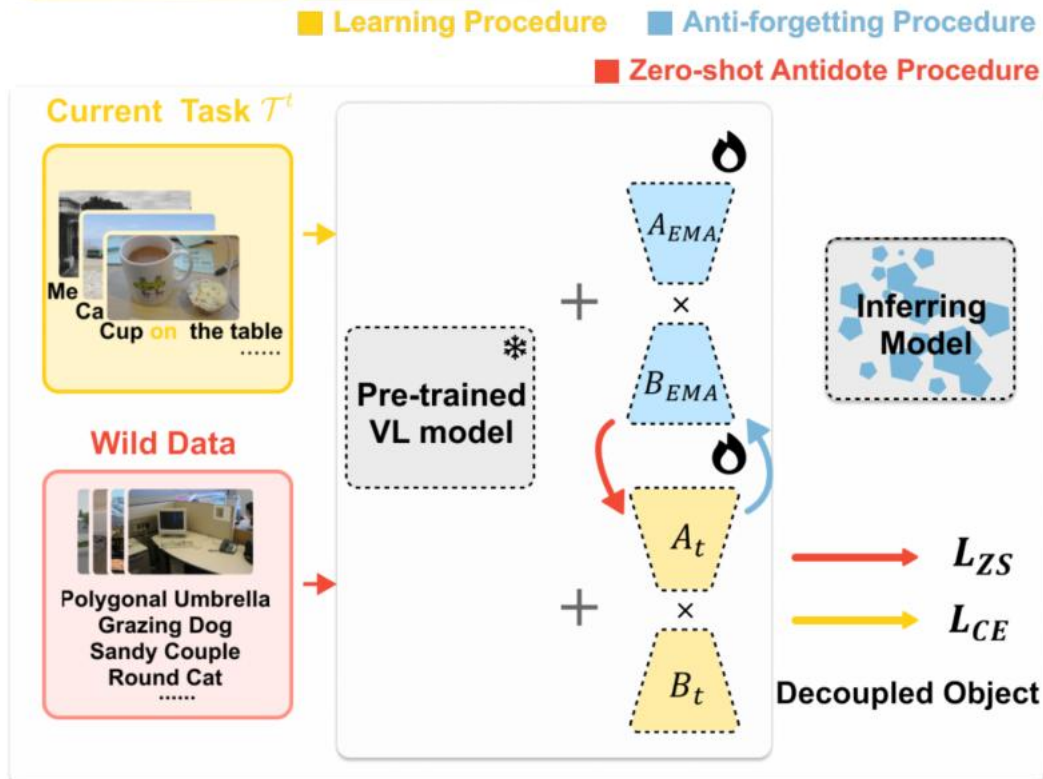
# Our Paradigm

Given task  $\mathcal{T}^t$ , old model  $\mathcal{M}^{t-1}$ , current model  $\mathcal{M}^t$  and **wild data**  $\mathcal{D}_{\text{wild}}$ :

1. Wild data
2. Zero-shot Stability Supervision

**Win-Win:** Learning  $\longleftrightarrow$  Zero-Shot Stability  $\longleftrightarrow$  Anti-Forgetting

## (b) Our Procedures



## Optimization Goal:

$$\min \mathcal{L}_{\text{CE}}(P^t(\mathcal{T}^t), \bar{P}(\mathcal{T}^t)) + \mathcal{L}_{\text{KD}}(P^t(\mathcal{T}^t), P^{t-1}(\mathcal{T}^t))$$

$$\min \mathcal{L}_{\text{CE}}(P^t(\mathcal{T}^t), \bar{P}(\mathcal{T}^t)) + \mathcal{L}_{\text{ZS}}(P^t(\mathcal{D}_{\text{wild}}), \hat{P}^t(\mathcal{D}_{\text{wild}}))$$

## Exponential Moving Average (EMA):

$$\widehat{W} \leftarrow \alpha \widehat{W} + (1 - \alpha) A \cdot B$$

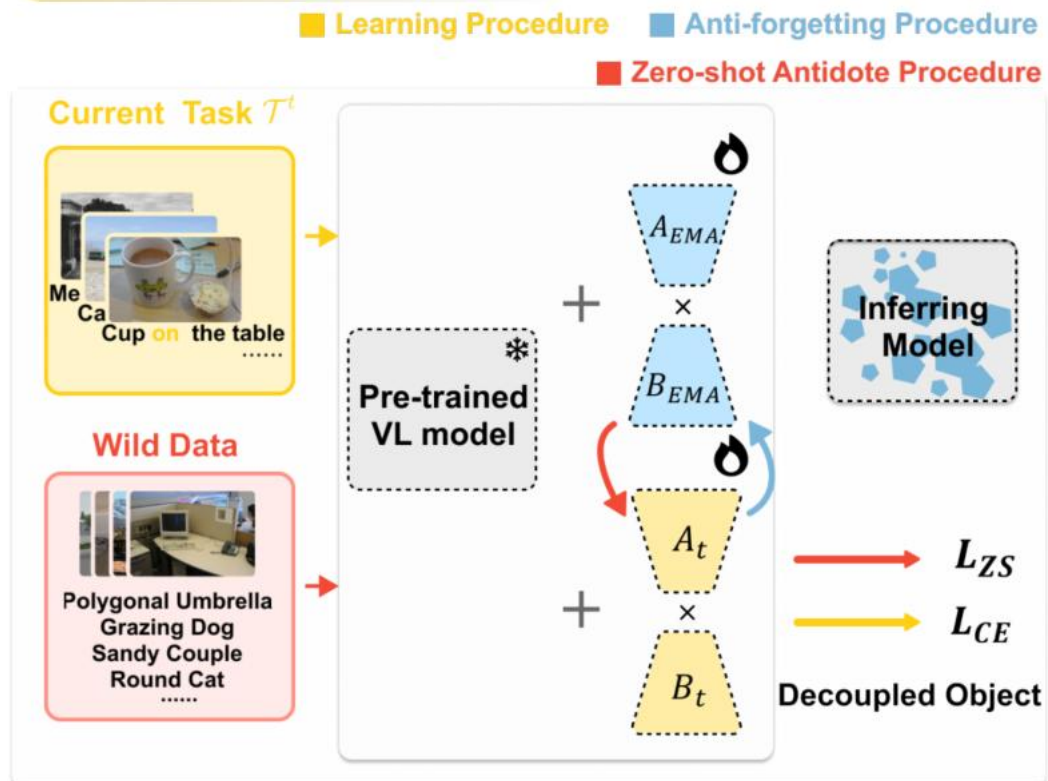
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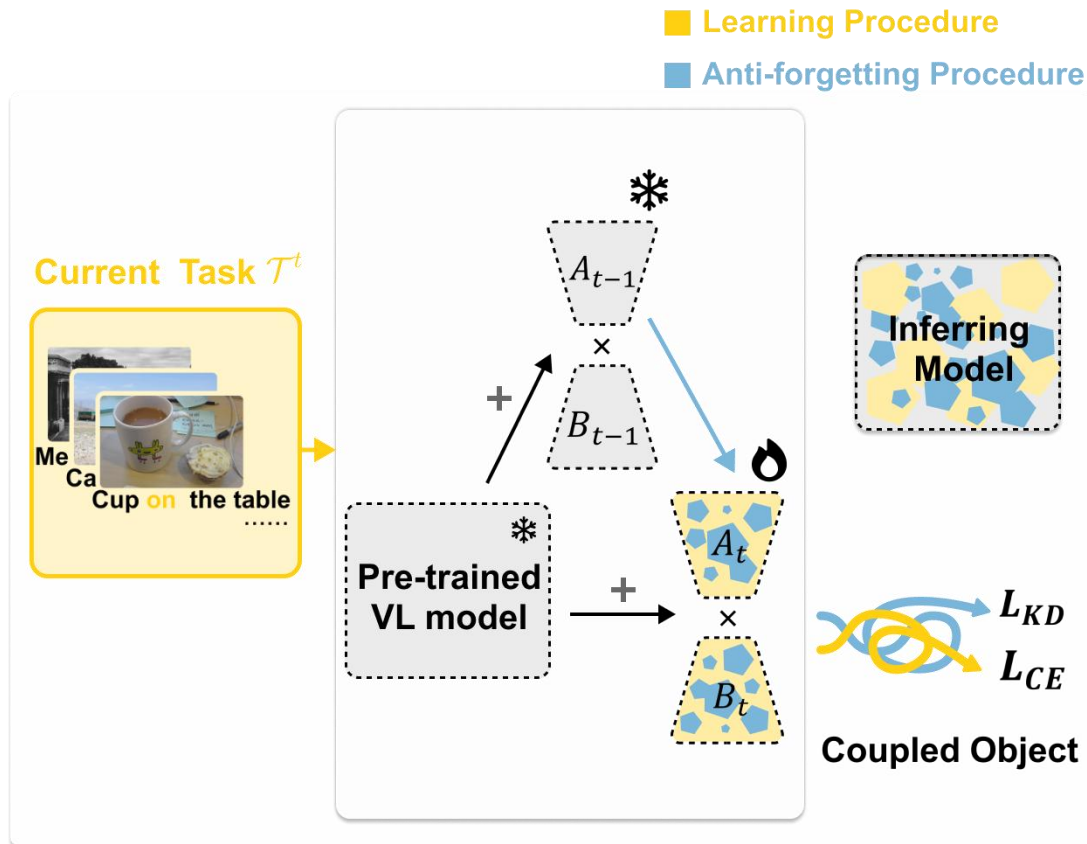
**Win-Win:** Learning  $\leftrightarrow$  Zero-Shot Stability  $\leftrightarrow$  Anti-Forgetting

## (b) Our Procedures

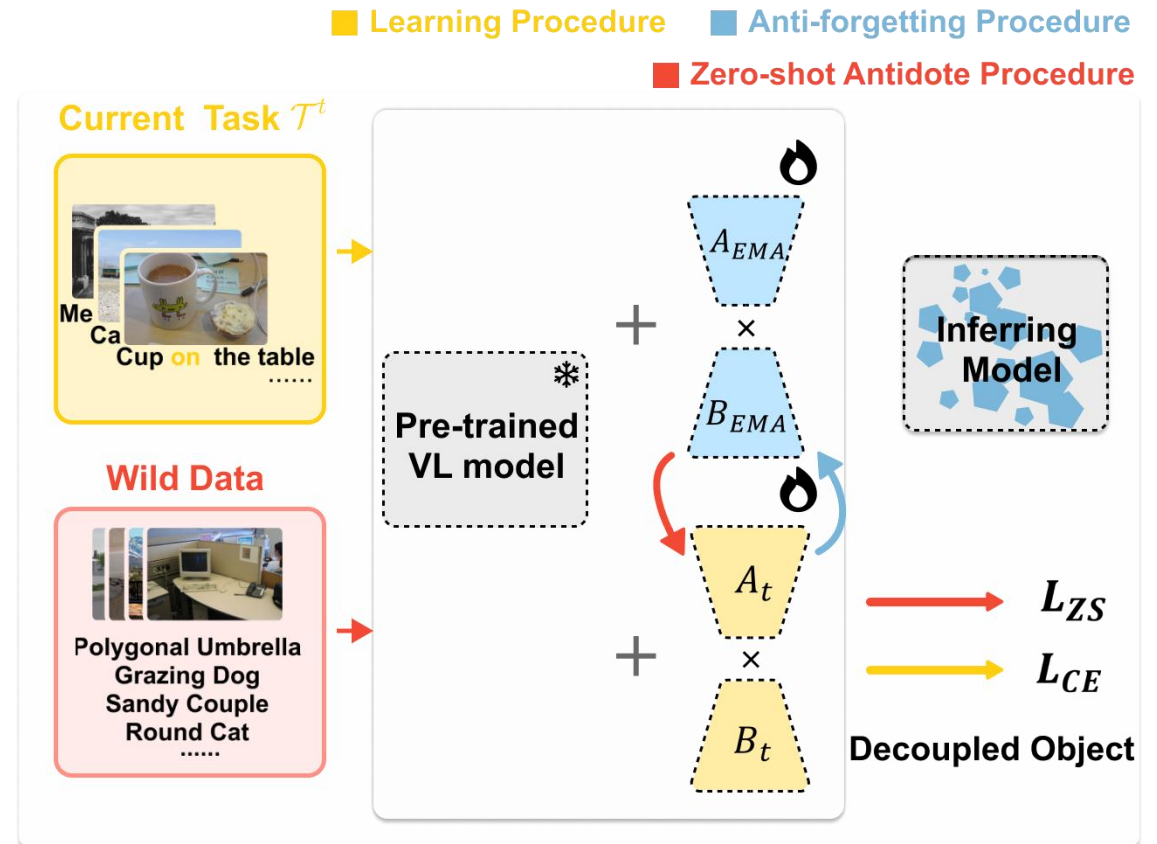


By systematically **stabilizing zero-shot predictions** during continual learning, we can significantly enhance the model's ability to **retain historical knowledge** without compromising the **acquisition of new information**.

## (a) Traditional Procedures



## (b) Our Procedures



Comparison of training and inference procedures between traditional and our CL paradigm.

**Existing Paradigm:**  $\min \mathcal{L}_{CE}(P^t(\mathcal{T}^t), \bar{P}(\mathcal{T}^t)) + \mathcal{L}_{KD}(P^t(\mathcal{T}^t), P^{t-1}(\mathcal{T}^t))$

**Our Paradigm:**  $\min \mathcal{L}_{CE}(P^t(\mathcal{T}^t), \bar{P}(\mathcal{T}^t)) + \mathcal{L}_{ZS}(P^t(\mathcal{D}_{wild}), \hat{P}^t(\mathcal{D}_{wild}))$



# Wild Data (Unpaired & Unlabeled)



ceramic boy sandy couple  
 round cat grazing dog rigid engine  
 taupe tinted log polygonal umbrella  
 hanging handle oriented belt rigid engine  
 playing doughnut terracotta jeans waving sail  
 surrounding chair slim headboard  
 front left window on bus riding macaw  
 resting taxi ed board  
 textured horse recliner against wall slender sheep  
 silver pot skiing plate fabric spoon  
 man serving suit chrome sail  
 bright trim full blender pointing horse  
 plate chasing place mat empty blender

Texts

.....

.....

Table 1: Overall performance (%) of CL methods across three benchmarks under various VL models.

VL models	Method	7 Task VG+VAW			7 Task VG			5 Task VAW		
		FAA (↑)	CAA (↑)	FFM (↓)	FAA (↑)	CAA (↑)	FFM (↓)	FAA (↑)	CAA (↑)	FFM (↓)
BLIP	Joint Learning	91.90	-	-	95.27	-	-	92.60	-	-
	Continual-FT [7]	65.21	73.98	30.32	63.91	73.97	31.34	67.07	78.35	28.14
	LoRA [10]	75.39	76.59	20.73	69.16	75.89	28.20	71.54	79.07	22.48
	Layered-LoRA [33]	76.68	78.51	18.96	70.13	79.66	28.08	83.77	83.47	9.20
	LwF [21]	70.93	73.62	26.26	69.62	77.05	29.05	80.07	84.32	14.93
	ZSCL [49]	66.87	66.00	19.08	67.32	75.65	27.45	66.53	75.05	25.13
	MoE-Adapters [45]	69.90	74.47	27.11	64.50	77.18	34.98	80.09	83.02	14.36
	ConStruct-VL [33]	87.27	86.98	6.14	89.01	91.87	5.80	83.73	86.34	6.47
	ZAF (Ours) <i>Improvement</i>	<b>90.05</b> <i>2.78</i>	<b>89.45</b> <i>2.47</i>	<b>3.32</b> <i>2.82</i>	<b>92.49</b> <i>3.48</i>	<b>92.39</b> <i>0.52</i>	<b>1.97</b> <i>3.83</i>	<b>89.13</b> <i>5.40</i>	<b>90.03</b> <i>3.69</i>	<b>3.93</b> <i>2.54</i>
BLIP w/ CapFilt-L	Joint Learning	93.72	-	-	95.31	-	-	92.90	-	-
	Continual-FT [7]	67.20	74.85	28.02	70.05	75.17	23.99	71.95	79.31	22.18
	LoRA [10]	71.97	76.07	25.27	69.97	77.52	28.49	79.66	82.36	13.78
	Layered-LoRA [33]	76.66	76.27	19.20	70.43	78.00	27.16	81.89	82.66	11.18
	LwF [21]	73.39	75.42	23.81	70.02	77.62	28.47	79.83	84.21	15.63
	ZSCL [49]	62.90	64.29	22.06	67.12	76.21	27.14	68.13	77.15	24.67
	MoE-Adapters [45]	69.76	73.29	27.34	63.99	76.19	35.34	80.01	84.10	14.43
	ConStruct-VL [33]	85.16	87.61	8.75	88.95	90.69	5.22	83.33	85.57	6.28
	ZAF (Ours) <i>Improvement</i>	<b>89.61</b> <i>4.45</i>	<b>89.65</b> <i>2.04</i>	<b>4.18</b> <i>4.57</i>	<b>92.53</b> <i>3.58</i>	<b>92.20</b> <i>1.51</i>	<b>1.72</b> <i>3.50</i>	<b>89.43</b> <i>6.10</i>	<b>90.20</b> <i>4.63</i>	<b>3.02</b> <i>3.26</i>
BLIP w/ NLVR	Joint Learning	93.37	-	-	95.07	-	-	92.36	-	-
	Continual-FT [7]	67.23	73.60	27.96	73.40	78.60	20.55	73.19	80.58	20.69
	LoRA [10]	69.55	75.03	27.25	68.73	78.03	29.62	75.63	81.87	19.37
	Layered-LoRA [33]	80.62	79.89	13.92	73.03	81.12	24.99	83.73	84.26	9.29
	LwF [21]	73.00	77.26	23.12	71.11	79.39	27.09	82.10	84.69	11.24
	ZSCL [49]	60.27	67.94	28.48	65.82	78.06	27.68	62.03	74.33	31.20
	MoE-Adapters [45]	72.50	74.81	23.74	67.09	76.54	31.83	79.05	84.21	15.58
	ConStruct-VL [33]	85.97	87.00	6.94	86.96	90.47	7.91	84.36	85.93	5.36
	ZAF (Ours) <i>Improvement</i>	<b>89.67</b> <i>3.70</i>	<b>89.30</b> <i>2.30</i>	<b>3.38</b> <i>3.56</i>	<b>91.78</b> <i>4.82</i>	<b>91.74</b> <i>1.27</i>	<b>2.02</b> <i>5.89</i>	<b>88.74</b> <i>4.38</i>	<b>89.03</b> <i>3.10</i>	<b>2.67</b> <i>2.69</i>

BLIP	7 Task VG+VAW	7 Task VG	5 Task VAW
Zero-shot Accuracy	50.74	50.83	50.42
Final Forgetting w/o $\$L_{\{ZS\}}$	20.11	32.63	12.69
Final Forgetting w/ $\$L_{\{ZS\}}$	3.32	1.97	3.93
BLIP w/ CapFilt-L	7 Task VG+VAW	7 Task VG	5 Task VAW
Zero-shot Accuracy	49.60	50.88	49.23
Final Forgetting w/o $\$L_{\{ZS\}}$	20.66	23.54	14.08
Final Forgetting w/ $\$L_{\{ZS\}}$	4.18	1.72	3.02
BLIP w/ NLVR	7 Task VG+VAW	7 Task VG	5 Task VAW
Zero-shot Accuracy	67.89	68.82	70.39
Final Forgetting w/o $\$L_{\{ZS\}}$	17.30	21.55	10.18
Final Forgetting w/ $\$L_{\{ZS\}}$	3.38	2.02	2.67



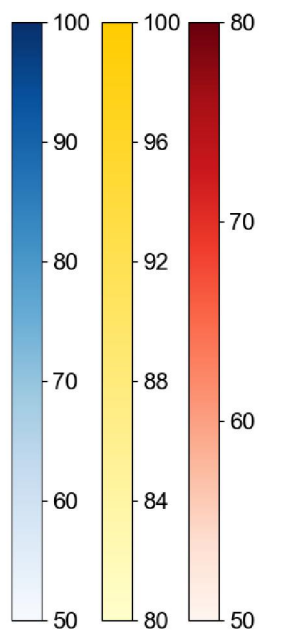
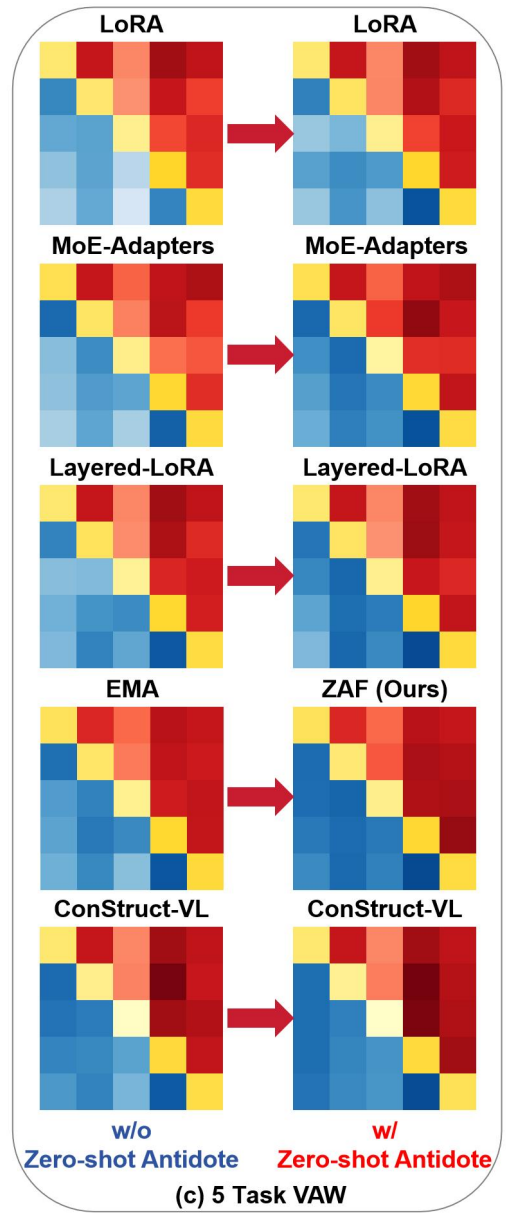
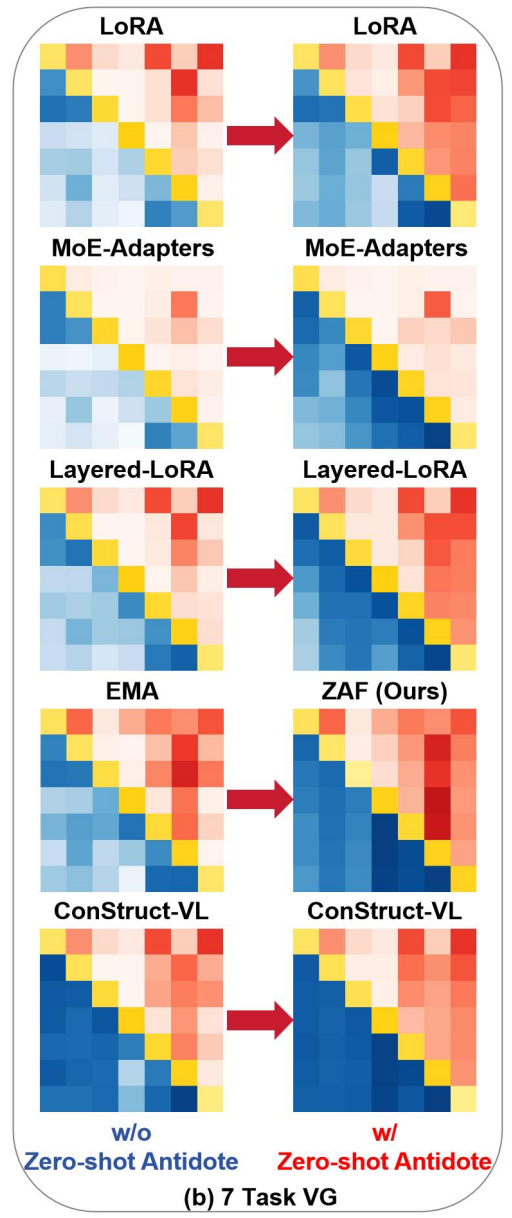
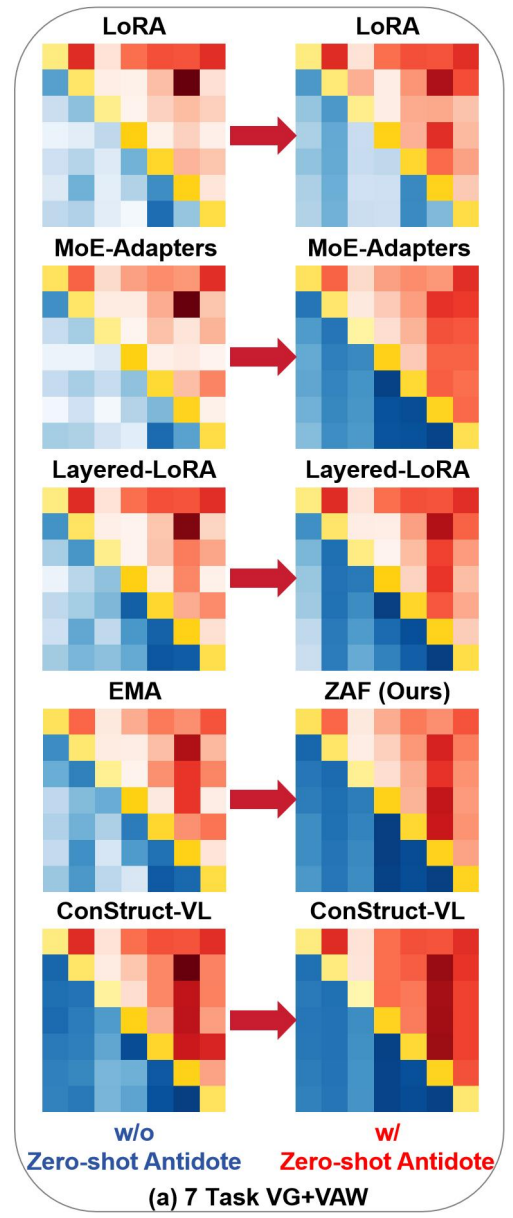
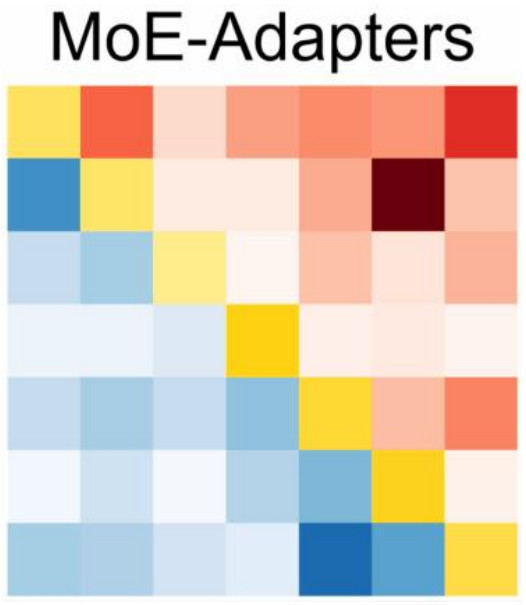
Table 2: Comparison of training complexity among various CL methods across three benchmarks.

Method	Model Size (M)	Train Params (M)	Train Times (h)		
			7 Task VG+VAW	7 Task VG	5 Task VAW
Continual-FT [7]	223.94	223.94	5.57	2.25	2.90
LoRA [10]	230.13	6.19	4.64	1.86	2.82
Layred-LoRA [33]	230.13 ~ 267.29	6.19	11.10	4.04	5.60
LwF [21]	230.13 ~ 236.33	6.19	8.13	5.19	6.34
MoE-Adapters [45]	251.04	27.10	6.01	2.82	4.19
ZSCL [49]	223.94	223.94	11.83	6.44	7.83
ConStruct-VL [33]	230.13 ~ 267.29	6.19	247.78	102.59	73.24
ZAF (Ours)	236.33	6.19	8.35	5.81	6.67
<i>Training Speed Acceleration</i>			$247.78/8.35 \approx 29.67$	$102.59/5.81 \approx 17.66$	$73.24/6.67 \approx 10.98$

Table 3: Comparison of plugin performance for various CL methods across three benchmarks.

Method	7 Task VG+VAW			7 Task VG			5 Task VAW		
	FAA (↑)	CAA (↑)	FFM (↓)	FAA (↑)	CAA (↑)	FFM (↓)	FAA (↑)	CAA (↑)	FFM (↓)
Joint Learning	93.37	-	-	95.07	-	-	92.36	-	-
LoRA [10]	69.55	75.03	27.25	68.73	78.03	29.62	75.63	81.87	19.37
w/ Zero-shot Antidote	<b>72.47</b>	<b>77.78</b>	<b>23.15</b>	<b>79.12</b>	<b>83.47</b>	<b>16.85</b>	<b>81.55</b>	<b>84.01</b>	<b>12.39</b>
Layered-LoRA [33]	80.62	79.89	13.92	73.03	81.12	24.99	83.73	84.26	9.29
w/ Zero-shot Antidote	<b>83.81</b>	<b>85.11</b>	<b>10.37</b>	<b>84.10</b>	<b>88.75</b>	<b>11.26</b>	<b>86.66</b>	<b>87.02</b>	<b>4.98</b>
MoE-Adapters [45]	72.50	74.80	23.74	67.09	76.54	31.83	79.05	84.21	15.58
w/ Zero-shot Antidote	<b>86.78</b>	<b>86.78</b>	<b>6.29</b>	<b>83.62</b>	<b>87.89</b>	<b>12.27</b>	<b>85.55</b>	<b>87.47</b>	<b>6.67</b>
ConStruct-VL [33]	85.97	87.00	6.94	86.96	90.47	7.91	84.36	85.93	5.36
w/ Zero-shot Antidote	<b>89.60</b>	<b>88.13</b>	<b>1.26</b>	<b>92.05</b>	<b>92.06</b>	<b>0.88</b>	<b>86.94</b>	<b>86.72</b>	<b>1.22</b>
EMA-LoRA	77.78	80.96	17.30	75.02	82.22	21.55	83.08	86.21	10.18
w/ Zero-shot Antidote (ZAF)	<b>89.67</b>	<b>89.30</b>	<b>3.38</b>	<b>91.78</b>	<b>91.74</b>	<b>2.02</b>	<b>88.74</b>	<b>89.03</b>	<b>2.67</b>
<i>Average Improvement</i>	<b>7.18</b>	<b>5.88</b>	<b>8.94</b>	<b>11.96</b>	<b>7.10</b>	<b>14.52</b>	<b>4.72</b>	<b>2.35</b>	<b>6.37</b>

# Visual Analysis





# Summary

## Empirical Finding:

A model's **stability in zero-shot predictions** can reflect its anti-forgetting capabilities.

## Theoretical Study:

The model  $\mathcal{M}^t$  has **consistent upper bounds** on the **generalization errors** for both **previously learned and future tasks**.

## New CL Paradigm:

Stability vs. Plasticity  Zero-Shot Stability & Plasticity

CL Algorithm-independent  
Network Architecture-independent  
Foundation Model-independent  
Task-independent  
Task Boundary-independent

**Thank you!**

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**Project Page: [https://github.com/Zi-Jian-Gao/  
Stabilizing-Zero-Shot-Prediction-ZAF](https://github.com/Zi-Jian-Gao/Stabilizing-Zero-Shot-Prediction-ZAF)**