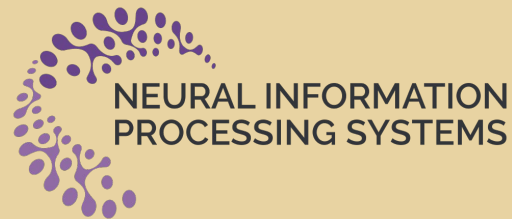


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Understanding the Gains from Repeated Self-Distillation

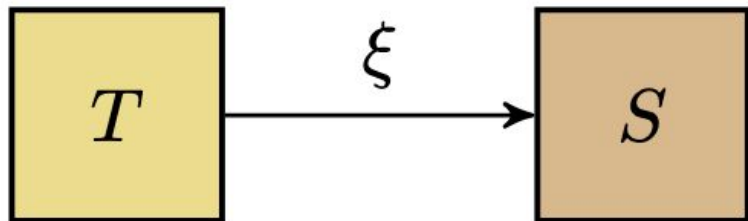
Divyansh Pareek

Simon S. Du

Sewoong Oh



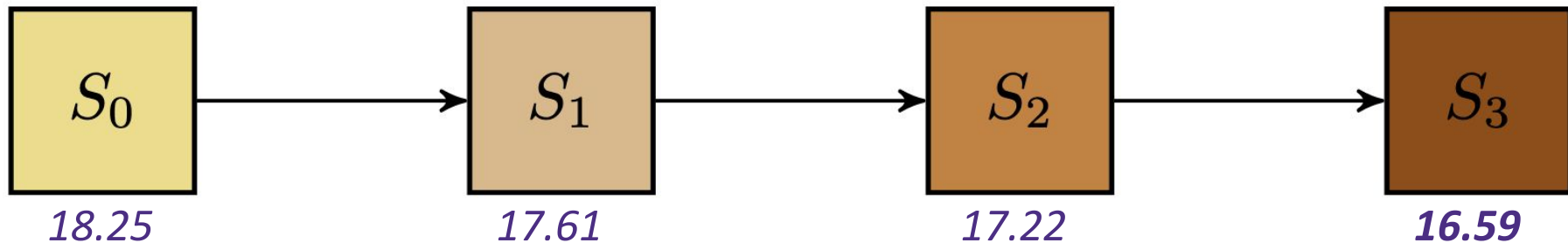
Self-distillation



$$\xi \cdot \ell(\hat{y}_T, y_S(\theta)) + (1 - \xi) \cdot \ell(y, y_S(\theta))$$

- *same* architecture
- *same* training dataset
- only a different training objective

Self-distillation empirical gains

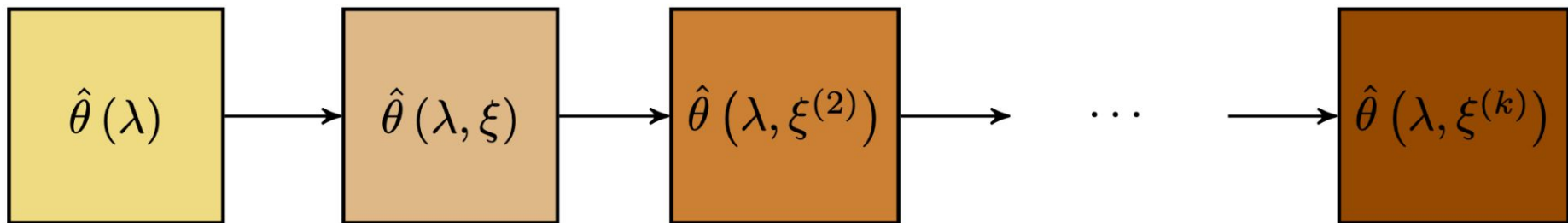


- test error on CIFAR-100



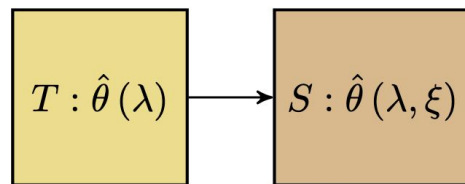
Question: *How much gain is possible by repeatedly applying self-distillation?*

Self-distillation under linear regression



- teacher is ridge with regularization λ .
- each step of self-distillation introduces a ξ param.

1-step result (previous work)

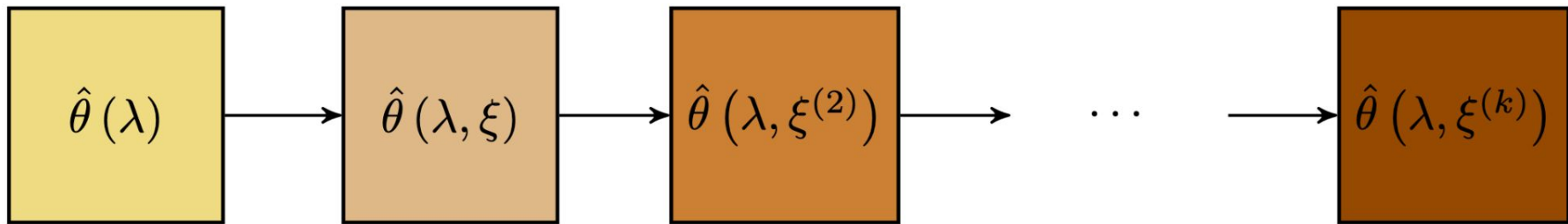


- **Result:** *optimal* S can have a strictly lower excess risk than *optimal* T.

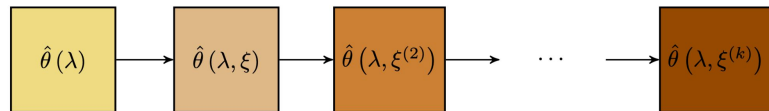
$$\min_{\lambda > 0} \text{ExcessRisk} \left(\hat{\theta}(\lambda) \right) > \min_{\lambda > 0, \xi \in \mathbb{R}} \text{ExcessRisk} \left(\hat{\theta}(\lambda, \xi) \right)$$

- The parameter ξ controls a bias-variance tradeoff. Increasing ξ reduces the variance term in the excess risk.

Question: Gains from multi-step SD?



What is the gain from running $k-1$ additional steps of self-distillation?



General result (ours)

- **Main Theorem (informal):** There exist a family of linear regression problem instances such that,

$$\begin{aligned} \text{there exist } \lambda > 0, \xi^{(r)} \in \mathbb{R}^r, \quad \text{ExcessRisk} \left(\hat{\theta}(\lambda, \xi^{(r)}) \right) &\leq \frac{\gamma^2}{n}, \\ \text{for all } \lambda > 0, \xi \in \mathbb{R}, \quad \text{ExcessRisk} \left(\hat{\theta}(\lambda, \xi) \right) &\geq c_1 \cdot \frac{r\gamma^2}{n}, \\ \text{for all } \lambda > 0, \quad \text{ExcessRisk} \left(\hat{\theta}(\lambda) \right) &\geq c_0 \cdot \frac{r\gamma^2}{n}. \end{aligned}$$

- r denotes the rank of the input (design matrix \mathbf{X}).
- n denotes the number of samples, γ^2 denotes the noise variance.

Discussion

- Mainly two conditions define the regime of separation.
 1. θ^* is highly-aligned with one of the eigenvectors of \mathbf{XX}^T .
 2. The ratio of eigenvalues $\lambda_1(\mathbf{XX}^T) / \lambda_r(\mathbf{XX}^T)$ is $\Theta(1)$.
- We also show the necessity of these assumptions.
- Here \mathbf{X} denotes the input design matrix (with rank r), and θ^* denotes the ground-truth parameter vector.

Experiments

- Regression tasks from the UCI repository.

Table 1: Test set MSE for optimal ridge and 1, 2-step SD.

Dataset	Optimal ridge	Optimal 1-step SD	Optimal 2-step SD
Air Quality	2.01	1.99	1.06
Airfoil	1.34	1.22	1.19
AEP	0.62	0.62	0.63

- We also verify that the AEP dataset does not satisfy the assumptions of the theorem.

Conclusion

- Optimal multi-step self-distillation can outperform optimal 1-step (or 0-step) self-distillation by a factor of upto $\Omega(d)$.

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Thank you

Poster at NeurIPS 2024: #94147 in session 5, Friday, Dec 13 at 11am.

